



# MEDICAL TOURISM IN LENINGRAD OBLAST

The Medical care in the Leningrad oblast and  
how you can get it





Medical Tourism

The treatment  
in Leningrad  
Oblast is



A high-quality medical  
care in line with  
international standards

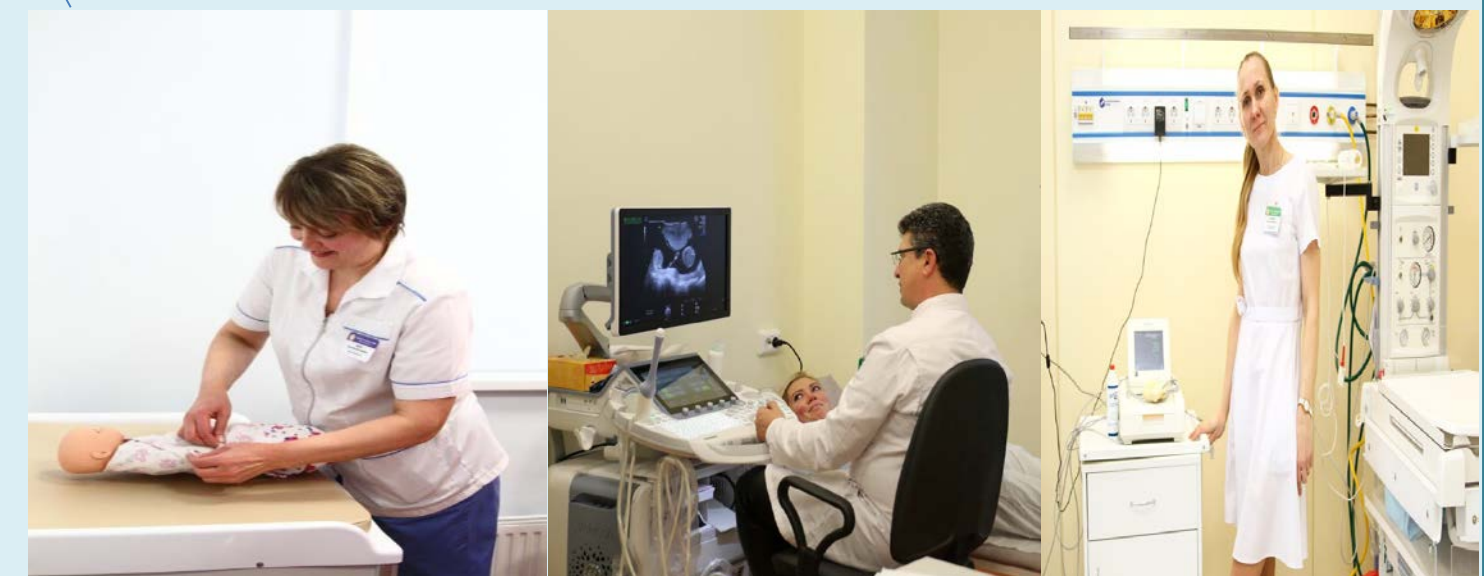
The affordable  
price



The low price of  
health-care  
services  
in all the profiles

Qualified medical professionals with the  
international practice

The best  
doctors



# Medical assistance

In Russian Federation both outpatient and inpatient treatment are available.

The Medical organization can help to choose the treatment conditions taking into account the patient's requests.

## On an Outpatient basis

**You Can check-up in just 1-2 days while having a trip in Russia**

Get more detailed information on the preferred medical organization's website

## On an Inpatient basis

**Pick a medical organization that suits your requests best and come to Russia for a planned hospital stay**

Get more detailed information on the preferred medical organization's website



# Five-step plan to get a medical treatment in Leningrad oblast



Step N1:  
Pick a Medical  
organization



Step N2:  
Get in touch with the  
organization to get  
confirmation



Step N3:  
Pick the type of  
accommodation  
and transport



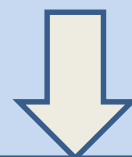
Step N4:  
Submit a visa  
application



Step N5:  
And Welcome to  
Russia!



# Step N1



## Pick The Medical Organization



State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Gatchina”  
(Perinatal center)



State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of  
Vsevolozhsk”



State Budgetary Healthcare Facility  
“Clinical Hospital of LO”



State Budgetary Healthcare Facility of LO  
“Children's clinical hospital “



State Budgetary Healthcare Facility of LO  
“Interregional hospital of Tikhvin”



State Budgetary Healthcare Facility  
“Clinical oncological dispensary of LO”



# Medical assistance offices and medical centers in Leningrad oblast

## Ophthalmology

- State Budgetary Healthcare Facility of LO  
“Interregional hospital of Kingisepp”  
<http://kingisepp-crb.ru/>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Gatchina”  
<http://www.crkb.ru/>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru/>
- State Budgetary Healthcare Facility  
<https://www.oblmed.spb.ru/contacts>
- State Budgetary Healthcare Facility of LO  
“Interregional hospital of Viborg”  
<http://mb.vbglenobl.ru/>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Kirishskiy district”  
<http://kirishizdrav.ru/>

## Gynecology and Delivery care

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Gatchina”  
<http://www.crkb.ru/>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru/>
- State Budgetary Healthcare Facility of LO  
“Maternity hospital of Viborg”  
<http://rd.vbglenobl.ru/>
- State Budgetary Healthcare Facility of LO  
“Interregional hospital of Viborg”  
<http://mb.vbglenobl.ru/>
- State Budgetary Healthcare Facility  
“Clinical Hospital of LO”  
<https://www.oblmed.spb.ru/contacts>

## Traumatology and Orthopedics

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru/>
- State Budgetary Healthcare Facility  
“Clinical Hospital of LO”  
<https://www.oblmed.spb.ru/contacts>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Gatchina”  
<http://www.crkb.ru/>

## Cardiology

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru/>
- State Budgetary Healthcare Facility  
“Clinical Hospital of LO”  
<https://www.oblmed.spb.ru/contacts>

## Neurology and Neurosurgery

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru/>
- State Budgetary Healthcare Facility  
“Clinical Hospital of LO”  
<https://www.oblmed.spb.ru/contacts>

## Endocrinology

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru/>
- State Budgetary Healthcare Facility  
“Clinical Hospital of LO”  
<https://www.oblmed.spb.ru/contacts>

# Medical assistance offices and medical centers in Leningrad Oblast

## Therapy

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru>
- State Budgetary Healthcare Facility  
<https://www.oblmed.spb.ru/contacts>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Gatchina”  
<http://www.crkb.ru>
- State Budgetary Healthcare Facility of LO  
“Interregional hospital of Tikhvin”  
<http://crbtikhvin.org>
- State Budgetary Healthcare Facility of LO  
“Regional hospital of Toksovo”  
<http://www.trbzdrav.ru/>

## Rehabilitation

- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Vsevolozhsk”  
<http://vsev-crb.ru>
- State Budgetary Healthcare Facility of LO  
“Interregional clinical hospital of Gatchina”  
<http://www.crkb.ru>
- State Budgetary Healthcare Facility of LO  
“Interregional hospital of Tikhvin”  
<http://crbtikhvin.org>
- State Budgetary Healthcare Facility of LO  
“Regional hospital of Toksovo”  
<http://www.trbzdrav.ru/>

## Oncology

- State Budgetary Healthcare Facility  
<https://www.oblmed.spb.ru/contacts>
- State Budgetary Healthcare Facility  
“Clinical Oncological Dispensary of LO”  
<https://lokod.ru/>

## Pediatrics

- State Budgetary Healthcare Facility of LO  
“Children’s clinical hospital “  
<http://www.lodkb.ru/>

## Step N2



Get in touch with the Medical center representative to make arrangements about the treatment conditions and all the necessary documents for visiting Russia.



- ☐ Visit the preferred health-care organization's website and see the “medical tourism” section.
- ☐ Check out the given information.
- ☐ Send an E-mail or make a call. All the necessary contacts can be found on the website.
- ☐ Get a confirmation of your treatment and follow the recommendations of the medical center about submitting the relevant documents.



If you have any questions, please don't hesitate to contact with the medical services export coordination center of LO “MIAC”(Medical Information and analytical center).

In the "Contacts" section you can find all the necessary information for getting in touch with us.



## Step N3



Pick a comfortable accommodation and transportation In Leningrad oblast



### ☐ In case of inpatient treatment

- ✓ You can get all the necessary information on your hospital stay from the medical organization picked by you in accordance with your profile treatment.
- ✓ Please solve the organizational issues on your hospital stay beforehand.

### ☐ In case of outpatient treatment

- ✓ You can pick a comfortable accommodation yourself on the following websites.

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Or turn for help to a Tour operator



# Step N4

## Apply for Russian visa

- Most foreign citizens need a Russian visa to enter and to leave Russia. Travelers without a passport or an entry visa may be subject to large fines or immediate deportation by route of entry, at the traveler's expense. The nationals of former CIS Republics, except for Turkmenistan and Georgia, may enter the Russian Federation with their national passports.
- A Russian visa is a special document attached to the passport that gives one a permit to stay on the territory of the Russian Federation during a period of time specified in the visa.
- There are several types of Russian visas. Choosing the type of a visa to apply for, one needs to take into account the purpose of his or her visit, the length of stay and the number of entries the visa allows. The most common types of Russian visas are:  
1.Tourist Visa    2.Business Visa    3. Visitor's Visa    4.Student Visa    5.Transit Visa
- To apply for a Russian visa one needs to submit a number of documents to a Russian consulate. Necessary documents are a passport, 1-3 passport-size photos, a visa application form, and the invitation letter from Russia. There might be some additional requirements if one applies for business or student visas. To process a visa, the consulate will charge a certain visa processing fee depending on the type of the visa and the speed of processing.
- **Invitations**  
The type of invitation depends on the visa type one applies for. The invitation letter from Russia is also called a visa support, tourist confirmation, or tourist voucher. It is the document issued by the party that invites a foreign traveler to Russia. The invitation is required by a Russian consulate to be able to process the visa. For every type of visa there is a different type of invitation. The most common types are tourist, business, and private.

For more detailed information please follow this link <https://www.russiavisa.com/russiavisa.htm>



# Types of Russian visa and the purpose of visit

Visa type: Tourist visa

The purpose of the visit: (ЦЕЛЕВОЙ  
ТУРИЗМ) Medical tourism

**Visa is valid for:**

**Up to 30 days**

**It is For:**

Travelers visiting Russia on Tourism purposes  
seeking also medical consultations or check-ups.

Visa type : Business visa

The purpose of the visit:  
Medical treatment

**Visa is valid for :**

**Up to 90 days**

**It is For:**

Travelers visiting Russia for health treatment,  
check-ups, medical consultations (exception is  
the targeted tourism for the treatment purposes)  
and urgent health-care  
on the invitation of a health center.

Visa type : Visitor's visa (Private visa)

The purpose of the visit : Special  
cases

**Visa is valid for :**

**Up to 90 days**

**ДЛЯ КОГО:**

Foreigners visiting Russia for urgent  
health-care, severe illness treatment or  
because of the death of a close relative.



# Support in applying for Russian visa



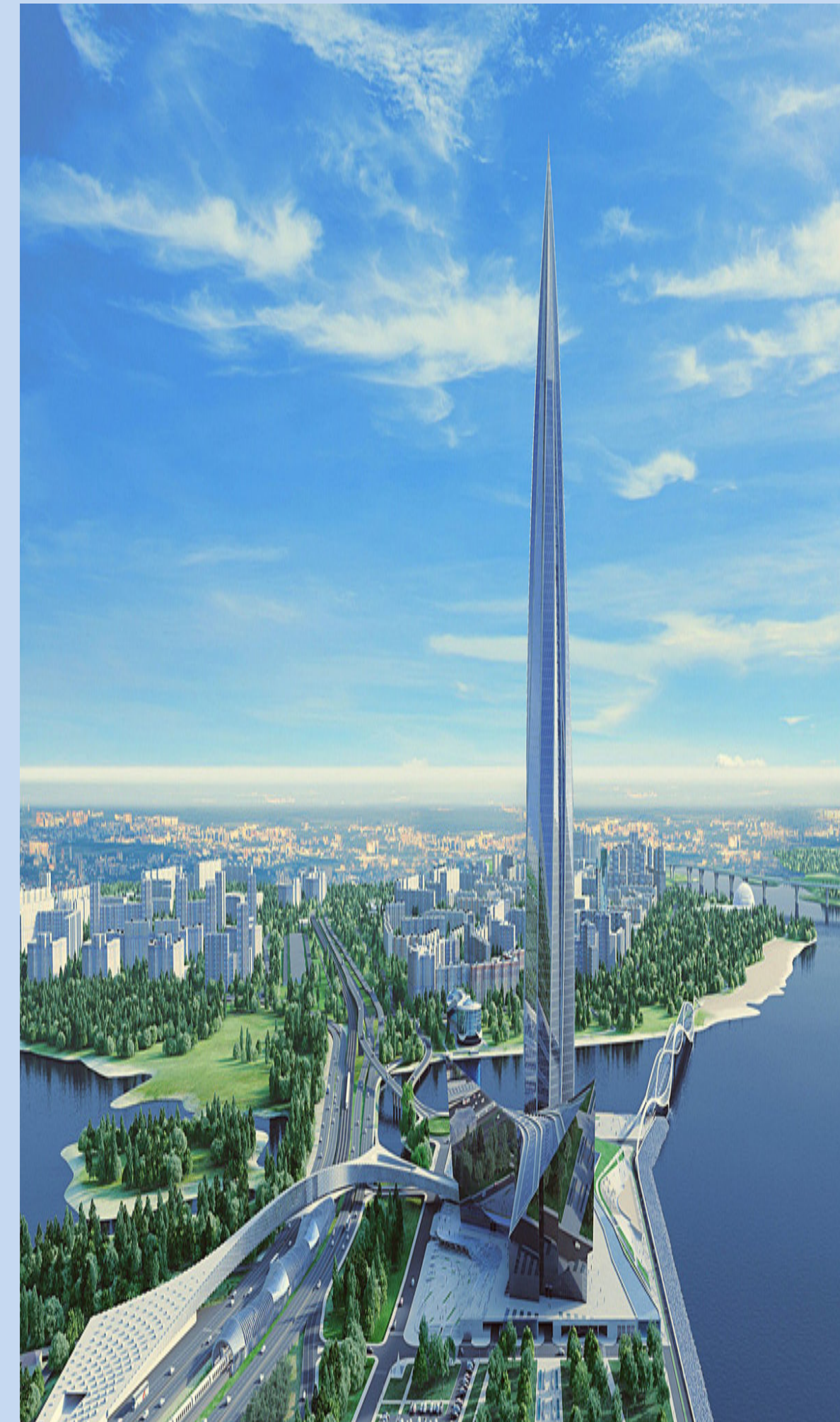
## How to issue an invitation for visiting Russia

Health-care organization, that confirms the possibility of your treatment, can issue your invitation for travelling to Russia and do your migration registration. For more detailed information please contact with the organization you are going to get your treatment in.



## Processing of the necessary documentation for the visa by the third parties.

If a tour operator or an assistance organization takes responsibility of your treatment, you can have them process your documentation for visa.





# Useful Telephone Numbers

**A national  
emergency  
telephone number**

**112**

**Helpline of The  
Federal Migration  
Service**

**8 (800) 222 98 98**

**To Inform on the breakdown  
of law and order on the  
territory of the Russian  
Federation**

**8 (800) 222 74 47**

A photograph of a modern interior space with large windows, black chairs, and a low table, serving as a background for the left side of the slide.

# Our contacts

For issues and proposals

The medical services export  
coordination center of LO  
“MIAC” (Medical Information and  
analytical center)

194291, Saint Petersburg, Santyago-de-Cuba St., 5

E-mail

[lo.miac@mail.ru](mailto:lo.miac@mail.ru)

Telephones

+7 (812) 670-52-74

+7 (812) 670-52-33